



# GROCERY STORES- DEDICATED TIMES FOR SENIORS & THOSE HIGH RISK

In an effort to protect our senior citizens and those considered high risk for contracting COVID-19, many grocery stores have set aside times for these populations to shop.

- **Jewel-Osco**- Every Tuesday and Thursday from 7-9 a.m.
- **Meijer**- Meijer stores and pharmacies will provide dedicated shopping times on Tuesdays and Thursdays from 7-8 a.m. local time
- **ALDI**- Tuesdays and Thursdays from 8:30-9:30 a.m. for seniors, expectant mothers and those with health concerns
- **The Fresh Market**-Monday through Friday 8-9 a.m.
- **Woodman's**- Wednesday morning between 6-8 a.m. at all locations
- **Trader Joe's**- Every day between 8-9 a.m. for seniors
- **Elgin Fresh Market**- Wednesdays and Fridays from 8-9 a.m. for senior citizens and those physically handicapped
- **Butera Market**- Suggested to visit stores from 7-9 a.m.
- **Costco**- Tuesdays, Wednesdays, and Thursdays from 8-9 a.m. for members 60+ and those with physical impairments

This is a list of the common grocery stores in the area. If you have questions about a store not listed, contact them directly.

