



**AURORA AFRICAN-AMERICAN
HEALTH COALITION**

March 7, 2018

Contact: Lora Tuggles (630) 301-0771

**Learn why “Age is Nothing But a Number”
At 13th Annual Community Health Fair**

Everyone is invited to the free 13th Annual Community Health Fair sponsored by the Aurora African-American Health Coalition, 8 a.m. to 1:30 p.m., Saturday, March 24, at Aurora Christian School, 2255 Sullivan Road, Aurora.

Come and hear the Keynote Speaker, **Mrs. Ernestine Shepherd**, the Guinness World Record holder as the Oldest Female Body Builder. Her talk titled “Age is Nothing But a Number,” will be from 12 p.m. to 1:30 p.m.

Some of the features of this year’s fair include:

- Free comprehensive health screenings (8 a.m. to 11:30 a.m.)
- Teen and children’s health fair
- Exhibits/Vendors (8 a.m. to noon)
- Raffles, prizes, giveaways

In addition to the 36 tests included in the package, men requesting a Prostate Specific Antigen (PSA) who are at least age 45 or have a hereditary prostate cancer risk will receive the test at no cost. Breakfast will be served to those participants who receive screening. Please enter through Door #11.

Screenings are from 8:00AM - 11:30AM. Some screenings require 8-hours fasting! NO food or drink (except water) for 8 hours before screening. Please drink 1-2 glasses of water 1-2 hours before your screening. Do take any prescribed medications if it is safe to do so without food.

(MORE)

Community Health Fair—Page 2

Please register today at <http://EmpowerHealthServices.info> and enter client code: AAAHF. If you have any questions or problems registering, please call 866.367.6974. Please also complete a Health Risk Assessment when you log in to register. Registration will close at noon on 3/23/18.

The Aurora African American Health Coalition is a 501c3 organization), 2948 Kirk Road, Suite 106., Aurora, IL 60502. www.aurora-aahc.org, lora@aurora-aahc.org. This event is not a program of or sponsored by Aurora Christian Schools

###