



September 5, 2013  
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**Kane County Health Department hosts National Preparedness Month – “Get Ready!” Photo Contest**

The Kane County Health Department is participating in National Preparedness Month activities to increase preparedness throughout the U.S. The event, now in its ninth year, is a nationwide, month-long effort encouraging households, businesses and communities to prepare and plan for emergencies. The Kane County Health Department is encouraging residents to take time during the month and take four actions to prepare for natural and/or manmade disasters: Become informed, Make a plan, Get an emergency kit, and Get involved.

The Kane County Health Department is conducting a “Get Ready!” weekly photo contest during September 2013 in recognition of National Preparedness Month. The “Get Ready!” photo contest is an attempt to help residents think about what actions they can take to prepare for an emergency. Participants are encouraged to engage family and friends to demonstrate how they “Get Ready!” for an emergency by building a kit, making a plan, staying informed, or getting involved (e.g. Red Cross, Medical Reserve Corps, etc.).

Each week one winner will be selected. Winners will receive an American Red Cross Deluxe Personal First Aid Kit. Winning photos will be recognized in the Kane County Health Department “*Health Matters*” newsletter.

Starting September 5, residents can submit pictures showing how they “Get Ready!” for emergencies to the health department via email ([askus@co.kane.il.us](mailto:askus@co.kane.il.us)) or by posting to our Facebook page (<https://www.facebook.com/kanehealth>). Winners will be chosen each Thursday until the conclusion of the contest on September 26, 2013. Help us tell your story of preparedness in Kane County with a brief description of your photo. We encourage creativity!

**More information about the contest and rules can be found at:**  
<http://kanehealth.com/preparedness.htm>.

Preparedness is a shared responsibility; it takes a whole community. This year's National Preparedness Month focuses on turning awareness into action by encouraging all individuals and all communities nationwide to make an emergency preparedness plan.

For more information, visit [http://kanehealth.com/emergency\\_response.htm](http://kanehealth.com/emergency_response.htm)

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