

# ***Resources for Quitting Tobacco***

## ***Chicagoland Area Health Departments***

Many local health departments offer smoking cessation programs on-site for businesses and/or in the community.

### **Chicago Department of Public Health**

333 S. State St., Chicago IL 60604  
312-747-2138

[www.egov.cityofchicago.org](http://www.egov.cityofchicago.org)

### **Cook County Health Department**

1010 Lake St., Oak Park IL 60301  
708-492-2147

[www.cookcountygov.com](http://www.cookcountygov.com)

### **DuPage County Health Department**

111 N. County Farm Rd., Wheaton IL 60187  
630-682-7979

[www.dupagehealth.org](http://www.dupagehealth.org)

### **Evanston Health Department**

2100 Burr Ridge Ave., Evanston, IL 60201  
847-866-2948

[www.cityofevanston.org](http://www.cityofevanston.org)

### **Grundy County Health Department**

1320 Union St., Morris IL 60450  
815-941-3412

[www.grundyhealth.com](http://www.grundyhealth.com)

### **Kane County Health Department**

1240 N. Highland Ave., Aurora IL 60506  
630-264-7670

[www.kanehealth.com](http://www.kanehealth.com)

### **Kendall County Health Department**

811 John St., Yorkville IL 60560  
630-553-9100

[www.co.kendall.il.us](http://www.co.kendall.il.us)

### **Lake County Health Department**

3010 Grand Ave., Waukegan IL 60085  
847-377-8090

[www.co.lake.il.us](http://www.co.lake.il.us)

### **McHenry County Health Department**

2200 N. Seminary Ave., Woodstock IL 60098  
815-334-4510

[www.co.mchenry.il.us](http://www.co.mchenry.il.us)

### **Will County Health Department**

501 Ella Ave., Joliet IL 60433  
815-727-8769

[www.willcountyhealth.org](http://www.willcountyhealth.org)

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## ***Illinois Tobacco Quitline***

1-866-QUIT-YES (1-866-784-8937)

The American Lung Association Call Center/Tobacco Quitline provides smoking cessation counseling, free of charge, over the telephone. Trained professionals, including registered nurses, respiratory therapists, and trained smoking cessation counselors assist smokers in developing a plan structured to their smoking behavior. Follow-up calls may be placed to review progress. Referrals to local cessation programs may be given.

## ***National Resources***

### **American Cancer Society**

Information Services ~ 1-800-227-2345 (English & Spanish)

[www.cancer.org](http://www.cancer.org)

### **American Heart Association**

Information Services ~ 1-800-AHA-USA1 (242-8721) (English & Spanish)

[www.americanheart.org](http://www.americanheart.org)

### **American Lung Association**

Information Services and online Freedom From Smoking\*

1-800-LUNG-USA (586-4872) (English & Spanish)

[www.lungusa.org](http://www.lungusa.org)

### **Centers for Disease Control & Prevention**

Information Services ~ 1-800-CDC-1311 (232-1311) (English & Spanish)

TTY: 1-877-232-1010

[www.cdc.gov/tobacco/how2quit.htm](http://www.cdc.gov/tobacco/how2quit.htm)

### **Great Start (Pregnant Smokers)**

Counseling and Information Services ~ 1-866-66-START (667-8278) (English & Spanish)

[www.americanlegacy.org/greatstart/](http://www.americanlegacy.org/greatstart/)

### **National Cancer Institute**

Counseling, On-Line Support, and Information

1-877-44U-QUIT

TTY: 1-800-332-8615

[www.smokefree.gov](http://www.smokefree.gov), [www.cancer.gov](http://www.cancer.gov)

### **Quitnet**

On-line information, support, and interactive tools to help people quit smoking.

[www.quitnet.com](http://www.quitnet.com)