

SAVE YOUR SMILE

KNOW THE FACTS ABOUT YOUR TEETH & TOBACCO

Research shows that smokers lose more teeth than nonsmokers.

Only 10% of people age 65, or older, who never smoked are toothless; while 45% of daily smokers age 65 and over **ARE TOOTHLESS.**



Smokers face about twice the risk of cancer of the mouth, throat, or lung as non-smokers.

The American Cancer Society estimates 29,800 new cases of oral cavities and cancer will be diagnosed in the U. S. this year.

In 1999, the total annual public and private health care cost of oral cancer treatment in the U.S. was \$3.7 billion.

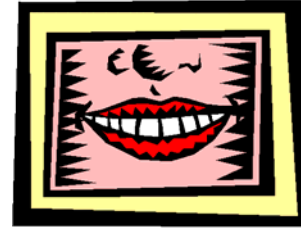
Cigarette smoking is the leading preventable cause of death and disease in the U.S.

The average 5 year survival rate of patients with oral cancer is 50%.

8,100 people in the U.S. will die this year from oral cancer alone.

No two smokers are exactly alike. You must take control of your smoking by finding a way that works for you. The sooner you quit, the sooner you restore your health.

Tobacco & Your Mouth



The following problems occur often among people who use tobacco products:

- Additional Cavities
- Oral Cancer
- Loss of Taste
- Mouth Sores
- Bad Breath
- Tooth Loss
- Gum Disease
- Excessive Tartar Build Up
- Yellow & Brown Staining of Teeth
- Facial Wrinkling

Cigarette smoke contains over 4,000 toxic substances, many of which are known to cause cancer

Quitting early is essential to restoring good health!

Signs & Symptoms of Oral Cancer

- Irritations and sores that will not heal
- Tenderness and numbness in the mouth
- Color changes to your oral soft tissue
- Difficulty chewing, swallowing, speaking, or moving the jaw or tongue
- Development of a lump, or a leathery wrinkled patch inside your mouth
- Prolonged sore throat

If any of these symptoms exist, see a dentist!

Do you need help quitting?

Call (630) 264-7670
Kane County Tobacco Program staff will help you find a smoking cessation class near you